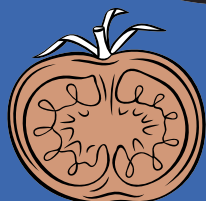




DID YOU KNOW THAT WHAT YOU EAT AND DRINK CAN AFFECT YOUR BLADDER?



Food & drinks which can irritate the bladder



Drinks which don't irritate the bladder

