



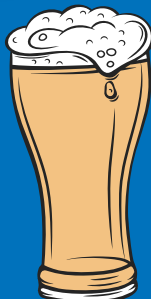
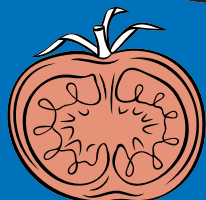
# DID YOU KNOW THAT WHAT YOU EAT AND DRINK CAN AFFECT YOUR BLADDER?



**Food & drinks which can irritate the bladder**



green tea



**Drinks which don't irritate the bladder**

