

YOUR LOCAL HEALTH TEAM

Live and recorded events

My child is unwell, what do I need to do?

Get expert NHS advice on how to help your child when they're unwell

Free online event for parents on 17 Dec 24 & 14 Jan 25

Recorded sessions also available online at any time Scan this QR code > or go to bit.ly/nlchild for more info



Plus, get free, NHS-approved clinical advice for these common childhood illnesses today (translations available)

Fever

the codes

For advice, scan

Cough



Skin rash



Sore throat



Stomach ache



Vomiting



Earache



Head injury



Breathing issues



Diarrhoea



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