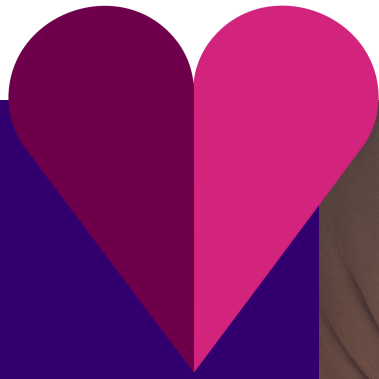




# YOUR LOCAL HEALTH TEAM



Live and  
recorded  
events

## My child is unwell, what do I need to do?

Get expert NHS advice on how to help  
your child when they're unwell

Free online event for parents on 17 Dec 24 & 14 Jan 25

Recorded sessions are also available online at any time

Scan this QR code > or go to [bit.ly/childhealth](https://bit.ly/childhealth) for details



Plus, get free, NHS-approved clinical advice for these  
common childhood illnesses today (translations available)

For advice, scan the codes

Fever



Cough



Skin rash



Sore throat



Stomach ache



Vomiting



Earache



Head injury



Breathing issues



Diarrhoea

