

Name	Mike Smith
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Experience and qualifications or training in mentoring	In 2021 I took part in the NHS Engagement and Communications Development Programme's mentoring scheme, as both a mentor and a mentee. I have also completed a 'Coaching skills for managers' training course.
What interests or excites you about being a mentor?	I found my previous mentoring experience incredibly enriching. The process of exploring goals, difficulties and opportunities with a mentee creates a mutually beneficial relationship that helps both of us understand our situations and paths forward better.
Areas of expertise that you can support colleagues with as a mentor	Sounding board for issues management/career development. Empathetic co-exploration of the issues at hand, hopefully ultimately with the kind of practical grounding that makes a meaningful difference!?
Anything else you would like potential mentees to know	I have spent a lot of time thinking about my status through the prism of intersectionality. I am aware that through this lens I have a great deal of privilege. I would be interested in mentoring someone who has not had the same advantages due to aspects of their social location, as I'm aware they will have encountered a variety of barriers to the progression of their career, and deserve more opportunities than they may have been given.