

## Referral information for emergency intrauterine device or long-acting reversible contraception

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## Document control

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## 1. Introduction

### Emergency contraception via intrauterine device

Emergency contraception can prevent pregnancy after unprotected sex, and is available either as an emergency contraceptive pill (containing either ulipristal acetate or levonorgestrel), or an emergency intrauterine devices (IUDs).

The emergency IUD is by far the most effective form of emergency contraception, and has the huge advantage of also providing excellent ongoing contraception for up to 10 years. Whilst emergency contraceptive pills are somewhat effective, they need to be taken soon after unprotected sex for the best chance of effectiveness. In the case of levonorgestrel, it is not licensed for patients who have unprotected sex more than 72 hours earlier in the same menstrual cycle. Other reasons that may make the contraceptive pill unsuitable include impaired efficacy in patients with malabsorption syndromes or in patients who take concomitant medicines that reduce efficacy (e.g. CYP3A4 enzyme inducers, such as carbamazepine, rifampicin or St. Johns Wort).

There is usually time to arrange an emergency IUD as it can be fitted up to five days after unprotected sex or up to five days after earliest ovulation, whichever is the latest. An emergency IUD should always be discussed, particularly where there have been multiple episodes of unprotected sex, where the patient really does not wish to get pregnant, and if there are any reasons oral methods may be less effective which include a raised BMI. If the patient opts for an emergency IUD, also supply oral emergency contraception (if suitable) to take straight away, in case they later change their mind, or an IUD cannot be fitted.

### Long-acting reversible contraception

Long-acting reversible contraception (LARC) includes contraceptive implants, IUDs, intrauterine systems and contraceptive injections. They are highly effective at preventing pregnancy, and their effects can last for several years depending on the chosen product. Because of this, pregnancy prevention programmes (such as the programme recommended for use of valproate in women of childbearing age) recommend the use of LARC.

## 2. Quick reference guide

The quick reference guide contains information on clinics and GP practices who are commissioned to offer emergency IUD and/or LARC.

[Table 1](#) contains information for referrals into contraceptive services for patients who require an **emergency IUD or LARC**. This referral process covers all patients who are registered to a GP practice within the NCL CCG region.

[Table 2](#) contains information on GP practices within NCL who are commissioned to administer LARC only (GPs do not offer emergency IUDs).

For patients who reside outside of NCL, please direct the patient to their GP practice for more information.

**Table 1 - Referral clinics for emergency IUD or LARC in patients residing within NCL**

Borough	Service details	Clinic	Address	Further advice	Referral information
Barnet Camden Haringey Islington	Service operated by CNWL <a href="https://www.sexualhealth.cnwl.nhs.uk/">https://www.sexualhealth.cnwl.nhs.uk/</a> 020 3317 5252	Mortimer Market Centre	Capper Street, Tottenham Court Road, WC1E 6JB	For further advice, contact (healthcare professionals only): 0203 317 5454	For emergency IUD patients can walk in at any of the sites listed.  <a href="#">See the CNWL website</a> for opening hours (see 'London contraception and STI care' for Barnet, Camden and Islington based patients, or 'Haringey Young Peoples Services and LARC (coils and implants) for all women' for Haringey based patients).  Patients can also call the central booking office on 020 3317 5252 to arrange an appointment.  If a healthcare professional is referring for LARC (e.g. for a pregnancy prevention programme), send an email referral to <a href="mailto:cnw-tr.sexualhealthreferrals.cnwl@nhs.net">cnw-tr.sexualhealthreferrals.cnwl@nhs.net</a> .  Ensure the email includes the reason for referral, patients name, address, date of birth, contact number and relevant medical history (including current medications, past medical history and allergies). If the patient is unsure which LARC therapy to use, they will first be given a telephone consultation to discuss.
		Archway Centre	681 – 689 Holloway Road, Archway, N19 5SE	Call the central booking office on 020 3317 5252.	
		Edgware Community Hospital	Lower ground floor, Burnt Oak Broadway, Edgware, HA8 0AD	Call the central booking office on 020 3317 5252.	
		Vale Drive Primary Care Centre	Vale Drive, Barnet, EN5 2ED	Call the central booking office on 020 3317 5252.	
		Lordship Lane	239 Lordship Lane, N17 6AA	For further advice, contact (healthcare professionals only): 07738 261306	
		Morum House	Bounds Green Road, Wood Green, N22 8HE	For further advice, contact (healthcare professionals only): 07738 261346	
Enfield	Sexual health services led by Enfield Clinics Health Organisation (ECHO) and North Middlesex University Hospital (NMUH) <a href="https://www.echoclinics.nhs.uk/contraception/">https://www.echoclinics.nhs.uk/contraception/</a> 020 8887 4510	Enfield Integrated Sexual Health Service	Silverpoint Medical Centre, 88-90 Fore Street, Edmonton, N18 2SL	If necessary, the referrer can call the clinic booking line on 020 8887 4510 and ask for a senior clinician (or to request a call back).	Pharmacies commissioned to provide EHC services in Enfield can refer onwards to ECHO for IUD administration via PharmOutcomes web platform, from which referral emails are generated.  For non-commissioned pharmacies, send an email referral to <a href="mailto:northmid.enfieldclinics@nhs.net">northmid.enfieldclinics@nhs.net</a> (and copy in the consultant <a href="mailto:jenine.bignall1@nhs.net">jenine.bignall1@nhs.net</a> ).  For urgent cases, please put "URGENT" in the subject title, and provide the name, address, date of birth, contact number and relevant medical history (including current medications, past medical history and allergies).  The service will contact the patient initially to triage; for LARC, they will assess which they would like and that they are appropriate prior to inviting for the procedure.
			The Town Clinic, 4-5 Burleigh Way, London, EN2 6AE		

**Table 2 – List of GP practices that are commissioned to administer LARC in NCL**

Borough	Practice name	Address	Telephone
Barnet	Addington Medical Centre	46 Station Road, New Barnet, EN5 1QH	020 8441 4425
Barnet	Brunswick Park Medical Practice	Brunswick Park Road, New Southgate, N11 1EY	020 8368 1568
Barnet	Dr Azim & Partners	67 Elliot Road, Hendon, NW4 3EB	020 8457 3950
Barnet	Heathfielde Medical Centre	8 Lyttleton Rd, London, N2 0EQ	020 8458 9262
Barnet	Hendon Way Surgery	215 West Hendon Broadway, Hendon, NW9 7DG	020 8102 9830
Barnet	Lane End Medical Group	2 Penshurst Gardens, Edgware, HA8 9GJ	020 8958 4233
Barnet	Longrove Surgery	70 Union Street, Barnet, EN5 4HT	020 8370 6677
Barnet	Millway Medical Practice	2 Hartley Avenue, Mill Hill, NW7 2HX	020 8959 0888
Barnet	Mulberry Medical Practice	3 Sefton Avenue, Mill Hill, NW7 3QB	020 8959 1868
Barnet	Oak Lodge Medical Centre	234 Burnt Oak Broadway, Edgware, HA8 OAP	020 8952 1202
Barnet	Pennine Drive Surgery	8 Pennine Drive, Cricklewood, NW2 1PA	020 8455 9977
Barnet	Penshurst Gardens Surgery	39 Penshurst Gardens, Edgware, HA8 9TN	020 8958 3141
Barnet	Ravenscroft Medical Centre	166-168 Golders Green Road, Golders Green, NW11 8BB	020 8455 2477
Barnet	Rosemary Medical Centre	2-4 Rosemary Avenue, Finchley, N3 2QN	020 8346 1997
Barnet	St George's Medical Centre	7 Sunningfields Road, Hendon, NW4 4QR	020 8202 6232
Barnet	The Everglade Medical Practice	Grahame Park Health Centre, The Concourse, NW9 5XT	020 8432 8641
Barnet	The Speedwell Practice	16 Torrington Park, North Finchley, N12 9SS	020 8445 7587
Barnet	Torrington Park Group Practice	16 Torrington Park, North Finchley, N12 9SS	020 3667 5030
Barnet	Wakemans Hill Surgery (The Surgery)	1 Wakeman's Hill Avenue, Colindale, NW9 0TA	020 8205 2336
Barnet	Watling Medical Centre	Watling Avenue, Burnt Oak, HA8 0NR	020 8906 1711
Camden	Amphill Practice	Crowndale Health Centre, 59 Crowndale Road, NW1 1TN	020 7383 7333
Camden	Brondesbury Medical Centre	279 Kilburn High Rd, Kilburn, London NW6 7JQ	020 7624 9853
Camden	Brookfield Park Surgery	68 Chester Rd, Highgate, London N19 5BZ	020 7263 9633
Camden	Caversham Group Practice	4 Peckwater St, Kentish Town, London NW5 2UP	020 7428 5700
Camden	Ridgmount Practice	8 Ridgmount St, Bloomsbury, London WC1E 7AA	020 7387 6306
Camden	Hampstead Group Practice	75 Fleet Rd, Hampstead, London NW3 2QU	020 7435 4000
Camden	Holborn Medical Centre	64-66 Lamb's Conduit St, Holborn, London WC1N 3NA	020 3077 0044

Borough	Practice name	Address	Telephone
Camden	James Wigg Group Practice	2 Bartholomew Rd, Kentish Town, London NW5 2BX	020 7428 4555
Camden	Keats Group Practice	1B Downshire Hill, Hampstead, London NW3 1NR	020 3435 4672
Camden	Parliament Hill Medical Centre	113-117 Highgate Rd, Kentish Town, London NW5 1TR	020 7482 9280
Camden	Prince Of Wales Road Practice (Group)	52 Prince of Wales Rd, Kentish Town, London NW5 3LN	020 7267 0067
Camden	Queens Crescent Surgery	76 Queens Crescent, Kentish Town, London NW5 4EB	020 7485 6104
Camden	Regents Park Practice	Cumberland Market, London NW1 3RH	020 7388 4474
Camden	The Bloomsbury Surgery	1 Handel St, Bloomsbury, London WC1N 1PD	020 7837 8559
Camden	West Hampstead Medical Centre	9 Solent Rd, West Hampstead, London NW6 1TP	020 7431 1588
Islington	Amwell Group Practice	4 Naoroji St, Islington, London WC1X 0GB	020 7837 2020
Islington	Andover Medical Centre	270-282 Hornsey Rd, Finsbury Park, London N7 7QZ	020 7281 6956
Islington	City Road Medical Centre	City Approach, City Rd, London EC1V 2QH	020 7336 8170
Islington	Elizabeth Avenue Group Practice	2 Elizabeth Ave, Islington, London N1 3BS	020 7226 6363
Islington	Islington Central Medical Centre	28 Laycock St, London N1 1SW	020 7359 0445
Islington	Killick Street Health Centre	75 Killick St, Islington, London N1 9RH	020 7833 9939
Islington	River Place Group Practice	Essex Rd, Islington, London N1 2DE	020 7704 2832
Islington	Roman Way Medical Centre	28 Laycock St, London N1 1SW	020 7607 7502
Islington	Sobell Medical Centre	272 Holloway Rd, London N7 6NE	020 7609 3050
Islington	St John's Way Medical Centre	96 St John's Way, Archway, London N19 3RN	020 7272 1585
Islington	St Peter's Street Medical Practice	16 1/2 St Peter's St, The Angel, London N1 8JG	020 7288 9320
Islington	The Goodinge Group Practice	20 North Road, Market Estate, London N7 9EW	020 7619 6670
Islington	The Medical Centre	140 Holloway Rd, London N7 8DD	020 7607 8259
Islington	The Miller Practice	49 Highbury New Park, Mildmay Ward, London N5 2ET	020 7354 1972
Islington	The Northern Medical Centre	580 Holloway Rd, Archway, London N7 6LB	020 3817 3975
Islington	The Village Practice	115 Isledon Rd, London N7 7JJ	020 7700 6464
Enfield	Abernethy House Surgery	70 Silver Street, Enfield, EN1 3EB	020 8370 4940
Enfield	Bincote Surgery	11 Bincote Road, Enfield, EN2 7RD	020 8363 0585
Enfield	Brick Lane Surgert	28 Brick Lane, Enfield, EN3 5BA	020 8443 0413
Enfield	Eagle House Surgery	291 High Street, Ponders End, EN3 4DN	020 8344 6190/6191

Borough	Practice name	Address	Telephone
Enfield	Evergreen Surgery	Evergreen PCC, 1 Smythe Close, Edmonton, N9 0TW	020 8887 8354
Enfield	Gillan House Surgery	457 Green Lanes, Palmers Green, N13 4BS	020 8882 9393
Enfield	Nightingale House Surgery	1-3 Nightingale Road, Edmonton, N9 8AJ	020 8805 9997
Enfield	Oakwood Medical Centre	Malcolms Way, Oakwood, N14 4AQ	020 8886 1115
Enfield	The Woodberry Practice	1 Woodberry Avenue, Winchmore Hill, N21 3LE	020 8886 2751
Enfield	White Lodge Medical Practice	68 Silver Street, Enfield, EN1 3EW	020 8363 4156
Enfield	Winchmore Hill Practice/Park Lodge	808 Green Lanes, Winchmore Hill, N21 2SA	020 8350 5000
Enfield	Highlands Practice	3 Florey Square, Winchmore Hill, N21 1UJ	020 8360 9044
Enfield	MHP – Southbury	73 Southbury Rd, Enfield, EN1 1PJ	020 8363 0305
Enfield	MHP – Willow House	285 Willow Road, Enfield, EN1 3AZ	020 8363 0472
Enfield	MHP – Bush Hill Park Trinity	22-24 Trinity Avenue, Bush Hill Park, Enfield, EN1 1HS	020 8363 4493
Enfield	MHP – Forest Road	308A Hertford Road, Edmonton, N9 7HD	020 8344 4550
Enfield	MHP – Carlton House	28 Tenniswood Road, Enfield, EN1 3LL	020 8370 4900
Enfield	MHP – Curzon Avenue	74 Curzon Avenue, Ponders End, EN3 4UE	020 8364 7846
Enfield	MHP – Enfield Island	43 Island Centre Way, Enfield, EN3 6GS	01992 679585
Enfield	MHP – Freezywater	2B, Aylands Road, Freezywater, Enfield, EN3 6PN	01992 676 202
Enfield	MHP – Green Street	48 Green Street, Enfield, EN3 7HW	020 8804 3200
Enfield	MHP – Lincoln Road	Lincoln Road, Bush Hill Park, Enfield, EN1 1LJ	020 8367 8989
Enfield	MHP – Moorfield Road	413 Hertford Road, Enfield, EN3 5PR	020 8804 1522
Enfield	MHP – Connaught	144 Hedge Lane, Palmers Green, N13 5ST	020 8920 9606
Enfield	MHP – Dean House	193 High Street, Ponders End, Enfield, EN3 4DZ	020 8804 1060
Enfield	MHP – Bush Hill Park	25 Melbourne Way, Bush Hill Park, Enfield, EN1 1XG	020 8366 5858
Enfield	MHP – Riley House	413 Hertford Road, Enfield, EN3 5PR	020 8616 0083
Haringey	Alexandra Surgery	125 Alexandra Park Road, Wood Green, N22 7UN	020 8888 2518
Haringey	Bounds Green Group Practice	Gordon Road, Bounds Green, N11 2PF	020 8888 1736
Haringey	Highgate group Practice	44 North Hill, Highgate, N6 4QA	020 8340 6628
Haringey	Lawrence house Surgery	107 Philip Lane, Tottenham, N15 4JR	020 8801 6640
Haringey	Queenswood Practice	Hornsey Central Neighbourhood Health Centre, 151 Park Road, N8 8JD	020 3143 3500

<b>Borough</b>	<b>Practice name</b>	<b>Address</b>	<b>Telephone</b>
Haringey	Somerset Gardens Family Health Centre	4 Creighton Road, Tottenham, N17 8NW	020 8275 6410
Haringey	Spur Road Surgery	1 Spur Road, Tottenham, London N15 4AA	020 8800 9837
Haringey	The Morris House Medical Practice	239 Lordship Lane, Tottenham, N17 6AA	020 3143 3600
Haringey	The Muswell Hill Practice	1 Dukes Avenue, Muswell Hill, N10 2PS	020 8365 3303
Haringey	Tottenham Health Centre	759 High Road, London, N17 8AH	020 8493 1630
Haringey	Tynemouth Road Health Centre	24 Tynemouth Road, Tottenham, N15 4RH	020 8808 4904
Haringey	Westbury Medical Centre	205 Westbury Avenue, Wood Green, London, N22 6RX	020 8888 3021
Haringey	Fernlea Surgery	114 High Rd, London N15 6JR	020 8809 6445