

Oral Nutritional Supplement Formulary in Adults - Primary Care Guidance

Disclaimer

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Document control

Date	Version	Amendments
Aug 2020	1.1	Addition of Aymes ActaSolve Smoothie
June 2022	2.0	Routine update

Document management

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NCL Oral Nutritional Supplement Formulary (Adults) – Primary Care Guidance

(for full list of ONS products, please consult the BNF)

First Choice Products

Product	Presentation	Price per serving (dm+d May 2022)	Additional information (correct as of April 2022)
^{†,§} Aymes Shake®	1 box of 7 x 57g sachets (vanilla, banana, strawberry, chocolate, ginger, neutral)	£0.49 £27.44 per month when prescribed BD	<ul style="list-style-type: none"> • Gluten-free • Halal and kosher certified • Suitable for vegetarian diets
^{†,§} Foodlink Complete Powder®	1 box 7 x 57g sachets (vanilla, banana, strawberry, chocolate, natural)	£0.49 £27.44 per month when prescribed BD	<ul style="list-style-type: none"> • Gluten-free • Halal and kosher certified • Suitable for vegetarian diets
^{†,§} Aymes Shake Compact® (low volume)	1 box 7 x 57g sachets (vanilla, banana, strawberry, chocolate, ginger, neutral)	£0.49 £27.44 per month when prescribed BD	<ul style="list-style-type: none"> • Gluten-free • Halal and kosher certified • Suitable for vegetarians
Aymes ActaSolve Smoothie (juice-style powdered ONS)	1 box of 7 x 66g sachet (mango, peach, pineapple and strawberry and cranberry)	£1.00 £56.00 per month when prescribed BD	<ul style="list-style-type: none"> • Gluten-free • Suitable for vegans • Halal and kosher certified • Caution in diabetic patients
[†] Requires a patient to be able to mix with full fat milk; [§] May not be appropriate in the following patients; <ul style="list-style-type: none"> - Patients requiring complete nutrition e.g. reliant entirely on supplements, patients requiring enteral feeding - Renal patients (CKD stage 4 and 5) - Lactose intolerance 			

2nd line ready-made supplements – for patients who did not tolerate 1st line choices

Milk-based choices - 1.5kcal/ml and 300 kcal/bottle

Altraplen Energy®	1 x 200ml bottle Banana, strawberry, chocolate, vanilla	£0.89 £49.84 per month when prescribed BD	<ul style="list-style-type: none"> • Gluten and lactose free • Suitable for vegetarians • Suitable for kosher and halal diets but not certified
Aymes Complete®	1 x 200ml bottle Strawberry, chocolate, banana, vanilla, natural	£1.05 £58.80 per month when prescribed BD	<ul style="list-style-type: none"> • Gluten free • Halal and kosher certified and suitable for vegetarians (except for strawberry)

Compact milk-based feeds: Suitable if a lower volume is indicated or fluid restricted - 2.4kcal/ml, 300kcal/bottle

Altraplen Compact®	4 x 125ml bottle (banana, hazel-chocolate, strawberry, vanilla)	£1.33 per bottle £74.48 per month when prescribed BD	<ul style="list-style-type: none"> • Gluten and lactose free • Suitable for vegetarian, halal and kosher diets (except not certified)
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Juice based feeds: Suitable for patients who cannot tolerate milk-based supplements – caution with diabetic patients 1.5kcal/ml, 330kcal/bottle

Aymes ActaGain Juce®	1 x 200ml bottle Apple, orange, mango-passion fruit, cranberry-raspberry	£1.70 £95.20 per month when issued BD	<ul style="list-style-type: none"> • Gluten free • Suitable for vegetarian and halal diets (but not certified) • Kosher certified
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