

## Adult high-cost drug treatment pathway for psoriasis

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## Document control

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Aug 2019	V1.0	New document
Nov 2019	V1.1	Risankizumab commissioned
Nov 2021	V1.2	Bimekizumab commissioned

## Document management

Groups / Individuals who have overseen the development of this guidance:	<p><b>Royal Free London NHS Foundation Trust</b>            Dr Sandy McBride – Consultant Dermatologist            Dr Adil Sheraz – Consultant Dermatologist            Aoife Tynan – Dermatology Medicine Specialities Pharmacist</p> <p><b>NEL</b>            Karen Davies: Deputy Director – Medicines Management            Adenike Fakoya – Senior Prescribing Adviser            Jane Hodges - Quality &amp; Safety Technician</p> <p><b>Whittington Hospital NHS Foundation Trust</b>            Dr Ben Esdaile – Consultant Dermatologist</p> <p><b>University College London Hospitals NHS Foundation Trust</b>            Dr Claire Martyn-Simmons – Consultant Dermatologist</p> <p><b>NHS Camden CCG on behalf of NCL CCGs</b>            Nisha Patel – Prescribing Adviser</p>
Groups which were consulted and have given approval:	NCL Heads of Medicines Management NCL Joint Formulary Committee
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**Psoriasis unresponsive/contraindicated/intolerant to standard therapy (methotrexate, ciclosporin, PUVA)**

**Factors to consider when choosing appropriate drug**

- Different efficacy and safety profiles of each drug
- Co-morbidities and potential impact of each drug option (benefit or harm), including drug specific contra-indications
- The person's views and stated preference on administration route or frequency - discuss with decision aid
- Other relevant factors e.g. conception plans, adherence, travel

**After consideration of all factors choose the most clinically suitable, cost-effective drug**

**High impact site psoriasis  
DLQI ≥15**

Adalimumab or Apremilast or Dimethylfumarate (If no PsA)

**Clinical considerations**

- Consider Infection risk
- TB - lower risk associated with etanercept, safe to use IL17 inhibitors and apremilast
- Demyelinating disease - Do not use anti-TNF
- Heart failure - Avoid anti-TNF in NYHA stage III or IV HF
- High level of clearance required - Higher PASI 90 achieved with Brodalumab, Guselkumab, Ixekizumab and Risankizumab
- Conception - Certolizumab is safe to use in all stages of pregnancy and breastfeeding
- Adherence - Risankizumab and Ustekinumab are dosed at 12 weekly interval, Brodalumab and Guselkumab 8 weekly interval

**Severe psoriasis  
PASI ≥10  
DLQI >10**

**First Line**

Approx. 80% of patients

This will include those with signs or risk factors for Psoriatic arthritis

**Adalimumab**

Approx. 20% of patients

Risk of Infection , TB , risk of demyelination or heart failure , high level of clearance required, adherence issues , considering conception/ breastfeeding

Apremilast, Etanercept, Dimethylfumarate, Bimekizumab, Brodalumab, Certolizumab, Guselkumab, Ixekizumab, Risankizumab, Secukinumab, Tildrakizumab, or Ustekinumab

**Very severe psoriasis  
(unstable disease and rapid response required)**

**Very occasional use**

PASI ≥10  
DLQI >10

Brodalumab  
Ixekizumab

PASI ≥20  
DLQI >18

Infliximab

**Second Line**

If initial biologic discontinued

Adalimumab / Apremilast / Bimekizumab/ Brodalumab / Certolizumab/ Fumarates / Guselkumab / Ixekizumab / Risankizumab / Secukinumab / Tildrakizumab / Ustekinumab

**Third Line, Fourth Line, Fifth Line**

NICE recommends seeking supra-specialist advice

Adalimumab / Apremilast / Bimekizumab/ Brodalumab / Certolizumab/ Fumarates / Guselkumab / Ixekizumab / Risankizumab / Secukinumab / Tildrakizumab / Ustekinumab

**IFR required**