

EIGHT THINGS YOU MUST DO IF SOMEONE FALLS

- 1. Before they're moved, check for signs or symptoms of fracture and spinal injury.**
- 2. Move the person using only safe manual handling methods.**
- 3. Make sure the individual has a medical examination (immediately via 999 if serious injury, pain or change in conscious level or via GP/CHAT/CCRT/111 if urgent but not serious or on GP/CHAT next planned visit if non urgent).**
- 4. Record the incident in the falls register and complete an incident/accident form including the causes and circumstances of the fall.**
- 5. If the resident who has had a fall needs medical attention, make sure the visiting clinician documents a clinical review and falls risk assessment in their file.**
- 6. Check for bruising and skin damage 24 and 48 hours after the fall – treat and record appropriately (body map).**
- 7. Update the falls care plan, risk assessment and falls register.
Record the fall, the results of medical examinations, any treatment provided for injuries, whether a clinical risk assessment was carried out and who by, and what was done to address underlying falls risks (e.g. UTIs, medications, infections, postural stability).**
- 8. Identify any hazards that are present where the fall happened.
Take appropriate action to remove or reduce them and record what you found and what you did.**

Between 9-5 pm you can call GP/CHAT for further advice. Out of hours call CCRT/111

**If you have any questions or comments, please contact;
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CHAT Manager
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These instructions are based on NICE guidance.