

FALLS CHECKS

FOOTWEAR / CLOTHING

Is resident's footwear lightweight and non-slip?

Is it variable in size with buckle, Velcro, laces to allow for swelling of the feet?

Is resident's footwear loose or worn?

Are resident's clothes non-trip, secure and the correct length?

Ensure a monthly shoe / slipper 'health check'. Ask families to replace any worn footwear.

Ensure personal aids e.g. long handled aids are provided - if required.

Ensure regular home visits by podiatrists/chiroprapist.

Discuss with the resident and family the importance of suitable footwear, clothing and using appropriate walking aids.

WALKING AID/WHEELCHAIR

Does the resident require a walking aid?

Is correct walking aid in use?

Is the walking aid the correct height for the resident?

Is the walking aid / wheelchair clean and in good state of repair?

Are the walking aid / wheelchair labelled so they are only used by the correct resident?

Ensure a monthly check of their walking aid / wheelchair and report any concerns.

Ensure to replace worn ferrules and clean aid / wheelchair regularly.

Ensure lap belts only used if appropriate (and risk assessment in place).

Transit wheelchairs are only to transport residents from one place to another and for a short amount of time. Residents should not be spending long periods of time in them.

Any concerns with aids or mobility consider a referral to local Physio department.

Any concerns with wheelchair request supplier/provider arrange a review (Enfield wheelchair services, CCG, SW, private provider or family if provided privately).

FLOORING

Is there wear and tear of the flooring and is it non-slip?

Are all the thresholds flush?

Are there colour differences to steps and stairs?

Is there adequate space to manoeuvre?

Is the floor free from clutter?

Report any problems to the manager/owner of the care home and arrange repair of worn flooring as soon as it appears.

Use non-slip carpets where possible

Rearrange or remove furniture if required

LIGHTING

Is the lighting suitable for resident's needs?

Are night lights offered to residents who need them?

Are light switches accessible to the resident?

Any additional lighting required?

Would motion or timer lighting be of use?

Would touch lights be of any use? If so care home to source or to discuss with family to purchase.

FURNITURE

Is there adequate space for walking aid / moving and handling equipment?

Beds and chairs should be appropriate heights for effective transfers.

Rearrange furniture as required and remove unnecessary furniture?

Is the alert / call systems accessible to the resident?

Is all electrical equipment accessible to the resident?

Is any OT referral needed to assess bed / chair heights and transfer equipment necessary?

Are wardrobes / drawers easily accessible to the resident?

Are footstools able to be moved and stored safely?

Are there chairs of differing heights in the lounge/TV area?

BED

Is the bed suitable for the resident's needs?

Are bedrails needed? – check bedrail policy and is used ensure a risk assessment.

Is a bed loop needed?

Is the bed height adjustable?

Does the resident have the correct mattress?

Are grab-rails in place?

Is the alert / call system accessible and working?

Report any issues to the manager/owner.

Consider referral to OT if concerned about suitability of bed or additional equipment needed to aid bed mobility/transfers.

BATHROOM FACILITIES

Is the bathroom suitable for the residents / staff needs?

Can the residents find it easily?

Is there space for the walking aid?

Is the bathroom large enough to use a Zimmer frame if needed?

Is there space for moving / handling equipment?

Can the resident easily use the alert / call systems?

Can the resident easily use the soap and hand towel?

Is a raised toilet seat needed? If YES – care home to purchase or if specialist need consider OT referral

Is a toilet frame needed? If YES - care home to purchase or if specialist need consider OT referral

Are grab-rails needed? If YES - care home to install or if specialist need consider OT referral

HALLWAYS

Are the hallways well-lit and well signposted for the residents?

Are the hallways and rooms easily accessible?

Any additional lighting or signage needed?

Are the floors a different a colour from the walls?

Are there adequate handrails and are they in contrast from the walls?

Are the hallways free from clutter or obstacles?

Report any issues to the manager/owner.

**If you have any questions or comments, please contact;
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