



North Central London
Joint Formulary Committee

Oral Nutritional Supplement Formulary in Adults - Primary Care Guidance

Disclaimer

This guideline is registered at North Central London (NCL) Joint Formulary Committee (JFC) and is intended solely for use by healthcare professionals to aid the treatment of patients within NCL. However, clinical guidelines are for guidance only, their interpretation and application remain the responsibility of the individual clinician. If in doubt, contact a senior colleague or expert. Clinicians are advised to refer to the manufacturer's current prescribing information before treating individual patients.

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While we have tried to compile accurate information in this guideline, and to keep it updated in a timely manner, we cannot guarantee that it is fully complete and correct at all times. If you identify information within this guideline that is inaccurate, please report this to the admin.ncl-mon@nhs.net. If a patient is harmed as a consequence of following this guideline, please complete a local incident report and inform admin.ncl-mon@nhs.net.

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Document control

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|-----------|---------|--------------------------------------|
| Aug 2020 | 1.1 | Addition of Aymes ActaSolve Smoothie |
| June 2022 | 2.0 | Routine update |

Document management

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NCL Oral Nutritional Supplement Formulary (Adults) – Primary Care Guidance

(for full list of ONS products, please consult the BNF)

First Choice Products

| Product | Presentation | Price per serving (dm+d May 2022) | Additional information (correct as of April 2022) |
|---|---|---|--|
| ^{†,§} Aymes Shake® | 1 box of 7 x 57g sachets (vanilla, banana, strawberry, chocolate, ginger, neutral) | £0.49 £27.44 per month when prescribed BD | <ul style="list-style-type: none"> • Gluten-free • Halal and kosher certified • Suitable for vegetarian diets |
| ^{†,§} Foodlink Complete Powder® | 1 box 7 x 57g sachets (vanilla, banana, strawberry, chocolate, natural) | £0.49 £27.44 per month when prescribed BD | <ul style="list-style-type: none"> • Gluten-free • Halal and kosher certified • Suitable for vegetarian diets |
| ^{†,§} Aymes Shake Compact® (low volume) | 1 box 7 x 57g sachets (vanilla, banana, strawberry, chocolate, ginger, neutral) | £0.49 £27.44 per month when prescribed BD | <ul style="list-style-type: none"> • Gluten-free • Halal and kosher certified • Suitable for vegetarians |
| Aymes ActaSolve Smoothie (juice-style powdered ONS) | 1 box of 7 x 66g sachet (mango, peach, pineapple and strawberry and cranberry) | £1.00 £56.00 per month when prescribed BD | <ul style="list-style-type: none"> • Gluten-free • Suitable for vegans • Halal and kosher certified • Caution in diabetic patients |
| [†] Requires a patient to be able to mix with full fat milk; [§] May not be appropriate in the following patients; <ul style="list-style-type: none"> - Patients requiring complete nutrition e.g. reliant entirely on supplements, patients requiring enteral feeding - Renal patients (CKD stage 4 and 5) - Lactose intolerance | | | |

2nd line ready-made supplements – for patients who did not tolerate 1st line choices

Milk-based choices - 1.5kcal/ml and 300 kcal/bottle

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| Altraplen Energy® | 1 x 200ml bottle Banana, strawberry, chocolate, vanilla | £0.89 £49.84 per month when prescribed BD | <ul style="list-style-type: none"> • Gluten and lactose free • Suitable for vegetarians • Suitable for kosher and halal diets but not certified |
| Aymes Complete® | 1 x 200ml bottle Strawberry, chocolate, banana, vanilla, natural | £1.05 £58.80 per month when prescribed BD | <ul style="list-style-type: none"> • Gluten free • Halal and kosher certified and suitable for vegetarians (except for strawberry) |

Compact milk-based feeds: Suitable if a lower volume is indicated or fluid restricted - 2.4kcal/ml, 300kcal/bottle

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| Altraplen Compact® | 4 x 125ml bottle (banana, hazel-chocolate, strawberry, vanilla) | £1.33 per bottle £74.48 per month when prescribed BD | <ul style="list-style-type: none"> • Gluten and lactose free • Suitable for vegetarian, halal and kosher diets (except not certified) |
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Juice based feeds: Suitable for patients who cannot tolerate milk-based supplements – caution with diabetic patients

1.5kcal/ml, 330kcal/bottle

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| Aymes ActaGain Juce® | 1 x 200ml bottle Apple, orange, mango-passion fruit, cranberry-raspberry | £1.70 £95.20 per month when issued BD | <ul style="list-style-type: none"> • Gluten free • Suitable for vegetarian and halal diets (but not certified) • Kosher certified |
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