



North Central London  
Joint Formulary Committee

## Herbal Supplements Position Statement

***Herbal supplements are non-formulary in North Central London. The evidence for these has not been reviewed at any formulary committee in North Central London.***

***Prescribers should not initiate herbal supplements for any new patients.***

***Patients established on herbal supplements should be reviewed with a view to having these supplements stopped.***

***NHS England category: Item of low clinical effectiveness, where there is a lack of robust evidence of clinical effectiveness or there are significant safety concerns.***

- Under Traditional Herbal Registration there is no requirement to prove scientifically that a product works, the registration is based on longstanding use of the product as a traditional medicine
- PrescQIPP has made available a patient information leaflet explaining why herbal supplements will no longer be prescribed [\[link\]](#) \*

\* PrescQIPP documents are available to organisations that subscribe to their service.

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| Groups / Individuals who have overseen the development of this guidance: | Joint Formulary Support                                       |
| Groups which were consulted and have given approval:                     | NCL Joint Formulary Committee                                 |
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